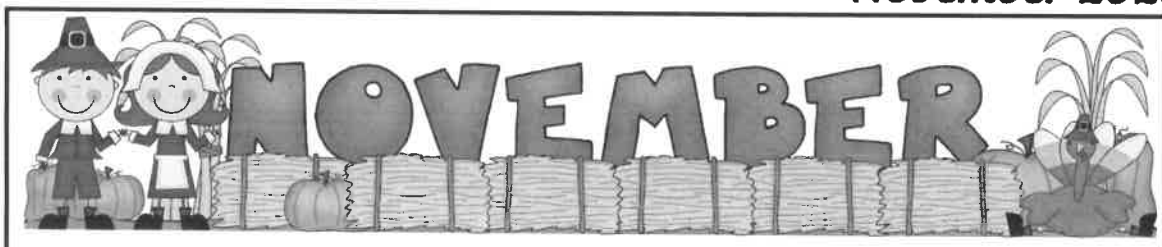


FNESU School Lunch Menu

November 2023

					Meal Prices STUDENTS : ADULT BREAKFAST \$4.50 ADULT LUNCH \$5.50 EXTRA MILK OR JUICE \$0.50 All Menus Subject to Change 1% & FF White or Choc Milk is Served Daily	Alternate meal served Sandwich on a WW Bun Bread or Wrap Asst Fruits & Veggies This Month's Celebrations will be on November 10
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
October 30 Corn Dog Baked Beans, Cole Slaw Asst Fruits & Veggies	October 31 Sloppy Joes on a WW Bun Cole Slaw, Corn, Mixed Colored Peppers Asst Fruits & Veggies	November 1 Poutine with Hamburger Crumbles Mixed Veggie Blend Asst Fruits & Veggies	November 2 Chicken Wrap Chips Lettuce, Tomato Asst Fruits & Veggies	November 3 Meatball Sub Carrots Broccoli Salad Asst Fruits & Veggies		
November 6 Hamburg/Cheeseburger on a WW Bun, Oven Fries Lettuce, Tomato Asst Fruits & Veggies	November 7 Chicken Fajita, Brown Rice, Corn, Onion, Peppers, Tomatoes, Lettuce, Refried Beans, Asst Fruit & Veggies	November 8 Lasagna, Garlic Bread Caesar Salad, Carrot Sticks, Mixed Colored Peppers Asst Fruits & Veggies	November 9 Breakfast for Lunch Pancakes, Sausage, Hash Brown, Yogurt, Cherry Tomato Asst Fruits & Veggies	November 10 Pizza Caesar Salad, Carrot Sticks, Mixed Colored Peppers Asst Fruits & Veggies Chocolate Chip Cookie		
November 13 Chicken Tenders Oven Fries, 3 Bean Salad, Lettuce Asst Fruits & Veggies	November 14 Chef's Choice Cucumbers, Asst Fruits & Veggies	November 15 Roast Turkey Dinner Mashed Potato, WW Dinner Roll, Broccoli Salad, Stuffing, Cranberry Sauce Asst Fruits & Veggies Assorted Fruit Crisp	November 16 Italian Dunkers W Marinara Sauce Mixed Green Salad Cherry Tomato Asst Fruits & Veggies	November 17 Homemade Soup of School Choice, WW Dinner Roll Mixed Colored Peppers Asst Fruits & Veggies		
November 20 "No School"	November 21 "No School"	November 22 "No School"	November 23 "No School"	November 24 "No School"		
November 27 Chicken & Biscuit Green Peas Cranberry Sauce Asst Fruits & Veggies	November 28 Nachos w/ Meat & Cheese Onion/Peppers/Tomato Asst Fruits & Veggies	November 29 Baked Ham & Mac n Cheese Garlic Knot, Carrots Asst Fruits & Veggies	November 30 Chili, Cornbread Mixed Green Salad Cherry Tomato Asst Fruits & Veggies	December 1 Baked Potato Bar Roasted Broccoli Chicken Tender WW Dinner Roll Asst Fruits & Veggies		

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