

FNESU School Lunch Menu

May 2023



Meal Prices

STUDENTS FREE

ADULT BREAKFAST \$4.00

ADULT LUNCH \$5.00

EXTRA MILK OR JUICE \$0.50

All Menus Subject to Change

1% White, Fat Free White or
Fat Free Choc Milk
are Served Daily

Alternate Meal Served Daily
Sandwich on WW Bread or Roll
Assorted Fruits and Veggies

Harvest of the Month:

Mixed Greens

All Grains served are...

Whole Grain Rich Compliant or

Whole Grains

May Celebration May 17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 1 Hamburger/Cheeseburger on a WW Bun Oven Fries Lettuce/Tomato Asst Fruits & Veggies	May 2 Chicken Fajita Brown Rice Refried Beans, Corn Asst Fruit & Veggies	May 3 Flatbread Pizza Mixed Green Salad Cottage Cheese Asst Fruits & Veggies	May 4 Baked Potato Bar Chicken Tenders Roasted Broccoli WW Dinner Roll Asst Fruits & Veggies	May 5 Soup & Sandwich Mixed Greens Asst Fruits & Veggies
May 8 Chicken Tenders French Fries Broccoli Salad Asst Fruits & Veggies	May 9 Taco Brown Rice Refried Beans, Corn Asst Fruit & Veggies	May 10 Sloppy Joe on a WW Bun Mixed Green Salad Asst Fruits & Veggies	May 11 Chicken Alfredo Broccoli Garlic Knot Asst Fruits & Veggies	May 12 Early Dismissal Assorted Sandwiches Mixed Greens Asst Fruits & Veggies
May 15 Pulled Pork on a WW Bun Baked Beans Cole Slaw Asst Fruits & Veggies	May 16 Nachos Brown Rice Mixed Green Salad Asst Fruits & Veggies	May 17 General Tso's Chicken Lo Mein Noodles Broccoli Asst Fruits & Veggies Birthday Celebration: Mixed Berry Crisp with Whipped Topping	May 18 Spaghetti & Meatballs Garlic Knot Mixed Green Salad Asst Fruits & Veggies	May 19 Breakfast for Lunch Sausage, Yogurt, Hashbrown Cherry Tomato Asst Fruits & Veggies
May 22 Corn Dog Fries Cole Slaw Asst Fruits & Veggies	May 23 Fajita Brown Rice Refried Beans Corn Asst Fruits & Veggies	May 24 Pizza 3 Bean Salad Mixed Green Salad Asst Fruits & Veggies	May 25 Chicken Parmesan W/ WW Pasta Garlic Bread Mixed Green Salad Asst Fruits & Veggies	May 26 Baked Fish Oven Fries WW Dinner Roll Mixed Greens Asst Fruits & Veggies
May 29 "No School"	May 30 Hamburger/Cheeseburger on a WW Bun Oven Fries Lettuce/Tomato Asst Fruits & Veggies	May 31 Lasagna Garlic Bread or Garlic Knot Mixed Green Salad Asst Fruit & Veggies	June 1 Chicken & Biscuits Cranberry Sauce Green Peas Asst Fruits & Veggies	June 2 Chef's Choice Mixed Green Salad Asst Fruits & Veggies

"This institution is an equal opportunity provider."